



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Meet Pantosaurus

https://www.youtube.com/watch?v=_SzbMEVYiyg

NSPCC

presents



PANTOSAURUS

The PANTS rules

Say each rule aloud after your teacher:

PRIVATES ARE PRIVATE

ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU

NO MEANS NO

TALK ABOUT SECRETS
THAT UPSET YOU

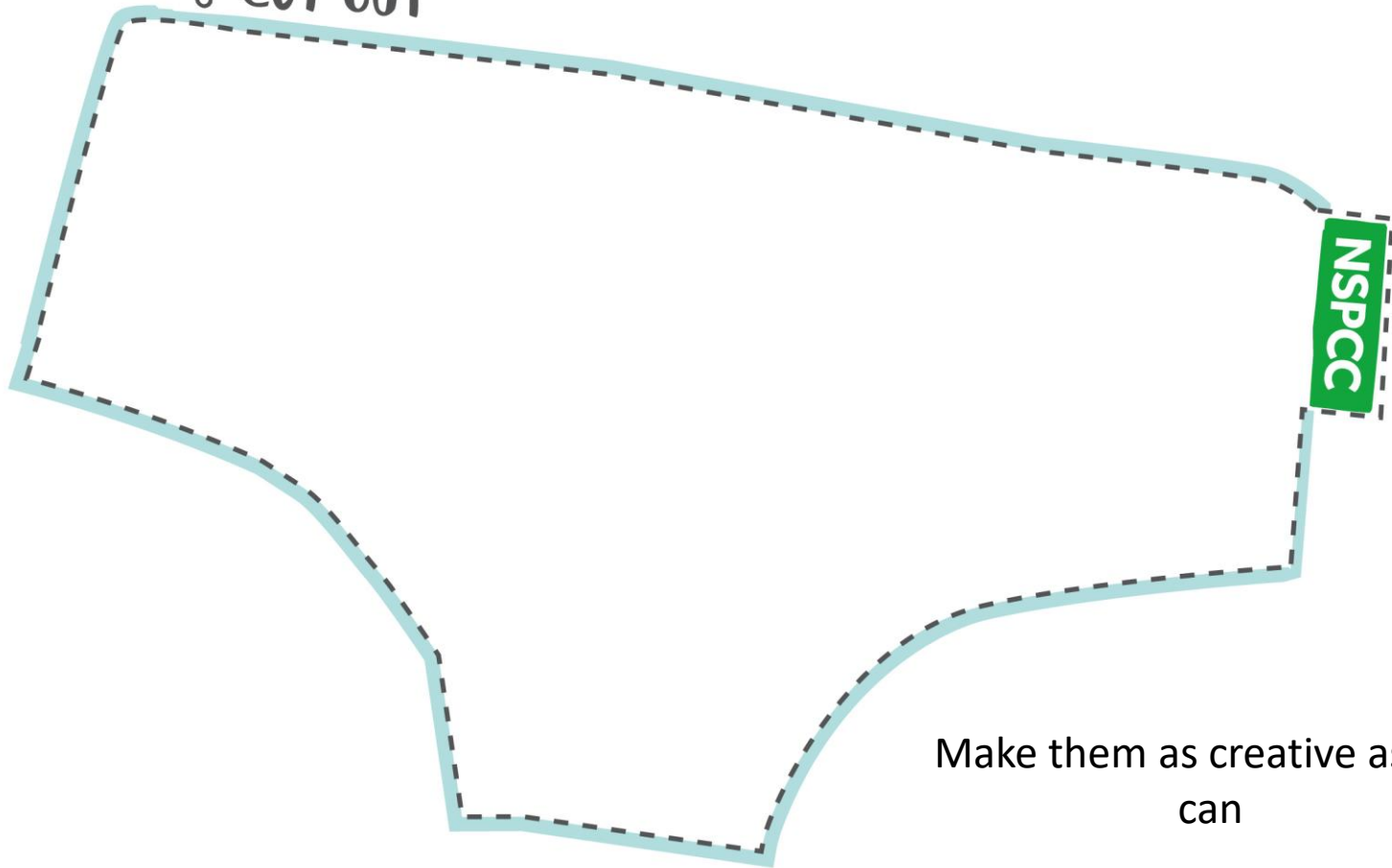
SPEAK UP, SOMEONE
CAN HELP

What does each rule mean?

Design your own PANTS

Now you are going to design your very own pants!

 CUT OUT



Make them as creative as you
can

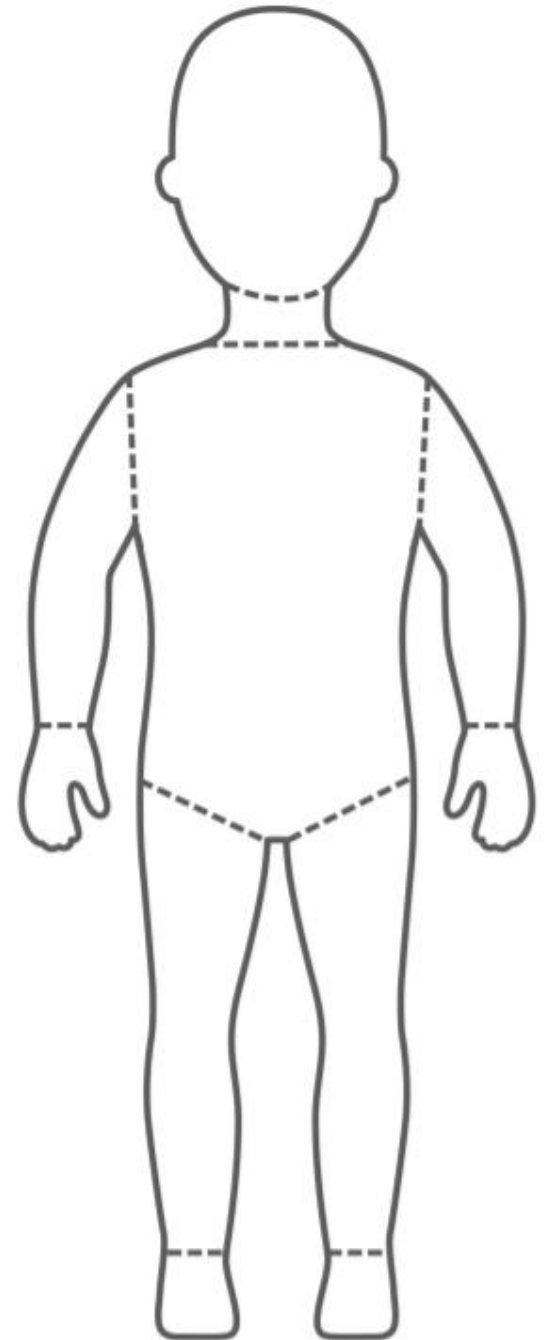
Our bodies:

Can you name all of the parts of the human body?

Which parts are covered by our pants?

Remember that your body belongs to YOU

There are special circumstances when touching is OK, when might this be?



Good and bad touch

- Touch can be **good** or **bad**. Can you name times when touch can be good? What could bad touch be? There is also unwanted touch, what is this?
- People touch you for different reasons. Why might people touch you?
- Sometimes touch feels bad, but is necessary. Can you give any examples of this?
- You should never be asked to keep secrets about touch.

Remember that **good** touch should make you feel **positive** – like hugs and kisses from family members.

People you can trust

- Who do you trust most in the world?
- Trusted people are different for everyone.
- Write down a list of the people you trust.

Remember the PANTS rules

Can you remember what PANTS stands for?

P _____

A _____

N _____

T _____

S _____