



DOWNSVIEW PRIMARY SCHOOL

Personal, Social, Health, Citizenship and Education Policy- including British Values Statement

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Personal Social Health Citizenship Education (PSHCE) Policy



Downsview is committed to providing our pupils with a broad and balanced, enriched and inspiring curriculum which is accessible to all. It is our ambition to develop the potential of all individuals to prepare them for their roles as adult members of society. Our Golden Rule is RESPECT, we teach our children to respect themselves, adults, peers, the environment, their own and other peoples' cultures no matter what their own personal beliefs may be.

Intent

At Downsview Primary and Nursery school, we aim to foster a sense of community and belonging through our 6 core values: trust, love, cooperation, diversity, resilience and responsibility. By instilling these core values in our pupils, we help to strengthen their character and prepare pupils to become global citizens. Downsview aims to actively promote pupils' spiritual, moral, social and cultural development.

Our PSHCE curriculum is tailored to the needs and requirements of our school community and we adapt our curriculum to meet any specific needs. As a school, we believe that pupils are all individuals and aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring environment. Through using the Jigsaw scheme our pupils acquire knowledge, understanding and the skills they need to prepare them for life, helping them really know and value who they truly are and understand how they relate to other people in this ever changing world. It develops the qualities and attributes pupils need to thrive as individuals, family members and members of society and the global community.

Implementation

At Downsview Primary & Nursery School, PSHCE incorporates the areas of personal, social and emotional development, health education (including Relationships and Sex Education), drug education and citizenship. Relationships and Health Education (including Sex Education) has its own policy.

We have adopted the Jigsaw whole-school approach which embodies a positive philosophy through creative teaching and learning activities to nurture children's development as compassionate and well-rounded human beings as well as building their capacity to learn.

Our lessons have two main aims for all our children:

- To build their capacity for learning
- To equip them for life

Jigsaw brings together physical, social, health education as well as citizenship, emotional literacy, mindfulness, social skills and spiritual development. It is designed as a whole school approach, with all year groups working on the same theme at the same time at their own level. Each lesson is age appropriate and designed to meet all of the children's needs. During the lessons, the children use 'Jigsaw Friends' (jigsaw-shaped soft toys) as a teaching aid as well as chimes to promote a calm, mindful environment.

As a school our values underpin our whole curriculum but in PSHCE we've taken the opportunity to highlight the links between them and the 6 half termly Jigsaw topics.

Being Me in My World – Co-operation. We aim to develop children's sense of belonging, welcoming others and being part of a school community, a wider community and a global community; this unit also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.

Celebrating Differences – Diversity. During this topic, the children focus on learning about similarities and differences. We teach the children about disability, racism, power, friendships and conflict; children learn to accept everyone's right to be 'different' and most year groups explore the concept of 'normality'. Anti-bullying, including cyber and homophobic bullying, is an important aspect of these lessons.

Dreams and Goals – Resilience. Learning focuses on pupil's personal strengths and setting goals for themselves. During this topic, the children will explore ways to overcome challenges, using team-work skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition,

disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for their community and the world.

Healthy Me – Responsibility. Children explore physical health as well as emotional/mental health. During this topic, the children look into coping mechanisms such as relaxation techniques, mental health skills and how to manage stress. They also explore how to be safe, friendships, body image, relationships with food. They also learn about balanced diets, physical activity, rest and relaxation. The topic also explores their responsibilities in life such as how to keep clean, first aid and the effects of drugs and alcohol.

Relationships - Love. A large part of this term is focussed on safeguarding and keeping children safe, which links to online safety and social networking. During this topic, the children also learn how to love oneself as well as family members, friendships, pets, animals, love and loss. We further look at ways to deal with conflict, build assertiveness skills, and identify the children's strengths and strategies for building self-esteem and resilience. They also look at stereotypes, whilst exploring roles and responsibilities in families and friendship groups.

Changing Me - Trust. With a focus on developing the children's understanding of themselves, to trust in their decisions and that the way they're growing and feeling is natural. This topic varies greatly depending on the age of the children but we aim to teach about growing up (from young to old), becoming a teenager, puberty, self-respect and safeguarding. Each year group focuses on the times ahead (moving year groups or the transition to secondary school) and how to cope positively with such changes.

Our PSHCE curriculum deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Pupils at Downsview also acquire an understanding and experience of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as productive citizen in our world.

In addition to our PSHCE Jigsaw curriculum, the school offers support and adapts its PSHCE curriculum in the following areas: Online safety, Healthy Schools, SEND, Junior Governors, Sports and Play Leaders, Dinner Detectives; as well as developing the emotional literacy of pupils by providing targeted Learning Mentor support for individuals and groups.

Impact

At Downsview Primary School, we continuously assess the implementation and impact of our lessons so that all pupils gain, attain and grow as lifelong learners and ensure that we provide the support that is necessary for all pupils to achieve whether that be in class or with additional identified support. Teachers will use multiple methods to evaluate the impact of their teaching on pupils learning, to ensure that pupils make progress. The range of measures used include:

- Continuous assessment from teachers during individual lessons, to adapt and plan for necessary changes within the scheme based on individual need.
- Pupil voice surveys are used to assess knowledge of themselves as learners and be emotionally confident within the school.
- Circle times and assemblies allow opportunities to address needs as they arise.
- Pupils are able to explain their learning and identify their own areas for development
- Learning Focus Weeks are used to gain a holistic understanding of the whole child's learning including pride in their work, self-confidence, as well as their ability to explain their learning.

By the time children leave our school they will:

- *have a ready willingness and ability to try new things,*
- *push themselves and persevere.*
- *have a good understanding of how to stay safe, healthy and develop good relationships.*
- *have an appreciation of what it means to be a positive member of a diverse, multicultural society.*
- *have a strong self-awareness, interlinked with compassion of others.*

Equal Opportunities: At Downsview Primary School all pupils experience a programme of PSHCE at a level which is appropriate for their age and physical development.

Assessing and Monitoring

The delivery of PSHCE will be monitored by the school's SLT and Subject Leads as part of the school's monitoring cycle.

Appendix 1

British Values Statement

In September 2014, The Department for Education introduced a statutory duty for schools to promote British Values more actively and to ensure they are taught in schools. British values are promoted in so much of what we do during our school assemblies and Personal, Social Health Education sessions. The values are integral to our long-standing inclusive ethos which complements British values.

Public bodies such as schools have a duty, under the 2010 Equality Act, to ensure they promote equality within their organisation. At Downsvew we believe in the right of every single person to be treated with equal dignity and compassion alongside equal legal protection is fundamental to the ethos that underpins everything we do in school.

The Equality Act makes explicit our responsibility to have due regard to the need to:

- Eliminate unlawful discrimination, harassment, victimisation and any other conduct prohibited by the Equality Act;
- Advance equality of opportunity between people who share a protected characteristic and people who do not share it; and
- Foster good relations between people who share a protected characteristic and those who do not share it.

In this respect, a protected characteristic could be any one of a multitude of factors that are shared by particular groups of people. Our policy will include the 9 listed on the equality act 2010; such as age, disability, race, gender, gender identity, marriage and civil partnership, pregnancy and maternity, religion and belief, sexual orientation. At Downsvew we welcome all gender identities and therefore policies have been updated to use the term 'gender' instead of 'sex' and 'gender identity' instead of 'gender reassignment'.

As a school, we are in the privileged position of supporting equality in our current practices, whilst also helping children to develop and embed the principles of equality and responsibility that will best promote this in the longer term.

The government set out its definition of British values in the 2011 Prevent Strategy.

The five key British Values are:

1. Democracy
2. The rule of law
3. Individual liberty
4. Mutual respect
5. Acceptance and awareness of those of different faiths and beliefs

Democracy

Junior Governor representatives are elected by their peers who choose their class representative to speak for them all. Pupils have the opportunity to have their voices heard through their Headies, Play Leaders, House Captains, Junior Governors, pupil questionnaires, and informal conversations with staff.

The Rule of Law

The importance of laws, whether they are those that govern the class, the school or the country, are consistently reinforced throughout the school day at Downsvew Primary School. From the start of their primary school life, pupils are taught the value and reasons behind laws, that they govern and protect us, the responsibilities that this involves and the consequences when laws are broken. Our school rules, for example Home School Agreement, Anti-bullying and Behaviour Policies, and our Dojo points system, ensure that every child is able to learn in a safe and ordered environment.

Individual Liberty

Alongside rules and laws, we promote freedom of choice and the right to respectfully express views and beliefs. Through the provision of a safe, supportive environment and empowering education, we provide boundaries for our pupils to make choices safely.

Our pupils are encouraged to know, understand and exercise their rights and personal freedoms and are taught how to exercise these safely, such as through our Rights Respecting Charters, Online Safety and PSHCE lessons. Our Anti-Bullying Policy has been developed in consultation with pupils, staff, governors and parents. The children are taught about the different forms of bullying and what to do when they feel they have been harmed.

Mutual Respect and Acceptance and awareness of those of different faiths and beliefs

Mutual respect is at the heart of our school ethos and is our one school rule. Our pupils know and understand that it is expected and imperative that respect is shown to everyone and everything. Our differences are celebrated and we make it our mission to educate ourselves about the rich diverse community that surrounds us.

At Downsview we are a community that is rich, wide and diverse and as such there will be many differing views. However, while we will always respect personal views all PSHCE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others view which may be different.

We believe that PSHCE should meet the needs of all pupils, we answer difficult age appropriate questions with honesty and offer support. Bullying is dealt with strongly yet sensitively. The school liaises with parents on this issue to reassure them of content and context.