

AFTER SCHOOL CLUB MENU - ALLERGEN AWARENESS MENU..

MENU - WEEK 1

MONDAY

MAIN	Fish Fingers (F) & Baked Wedges
VEGETARIAN MAIN	Pasta with Tomato & Basil Sauce
TO GO WITH	Peas & Baked Beans
DESSERT	Fresh Fruit or Jelly

TUESDAY

MAIN	Beef & Bean Chilli with Jacket Potato
HALAL MAIN	Halal Beef & Bean Chilli with Jacket Potato
VEGETARIAN MAIN	Vegan Bean Chilli with Jacket Potato
TO GO WITH	Sweetcorn & Mixed Leaf Salad
DESSERT	Fresh Fruit or Jelly

WEDNESDAY

PASTA OR JACKET	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Carrots & Broccoli
DESSERT	Fresh Fruit or Jelly

WEEK 1:

9TH MAR, 30TH MAR, 20TH APR, 11TH MAY, 1ST JUN, 22ND JUN, 13TH JUL, 31ST AUG,
21ST SEPT, 12TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

THURSDAY

MAIN	Pasta with Tomato & Basil Sauce
MAIN	Jacked Potato with Baked Beans
TO GO WITH	Spiced Roasted Cauliflower & Cucumber Salad
DESSERT	Fresh Fruit or Jelly

FRIDAY

MAIN	BBQ Chicken with Baked Wedges
HALAL MAIN	Halal BBQ Chicken with Baked Wedges
VEGETARIAN MAIN	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Peas & Baked Beans
DESSERT	Fresh Fruit or Jelly

ALLERGEN KEY: CONTAINS FISH (F)

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MENU - WEEK 2

MONDAY

MAIN	Pasta with Tomato & Vegetable Sauce
MAIN	Jacket Potato with Baked Beans
TO GO WITH	Carrots & Broccoli
DESSERT	Fresh Fruit or Jelly

TUESDAY

MAIN	Jacket Potato with Baked Beans
MAIN	Pasta with Tomato & Basil Sauce
TO GO WITH	Sweetcorn & Mixed Salad
DESSERT	Fresh Fruit or Jelly

WEDNESDAY

MAIN	BBQ Chicken with Baked Wedges
HALAL MAIN	Halal BBQ Chicken with Baked Wedges
VEGETARIAN MAIN	Jacket Potato with Baked Beans
TO GO WITH	Sweetcorn & Peas
DESSERT	Fresh Fruit or Jelly

WEEK 2:

23RD FEB, 16TH MAR, 6TH APR, 27TH APR, 18TH MAY, 8TH JUN, 29TH JUN, 20TH JUL,
7TH SEPT, 28TH SEPT, 19TH OCT, 9TH NOV, 30TH NOV, 21ST DEC

THURSDAY

MAIN	Beef Bolognese & Spaghetti
HALAL MAIN	Halal Beef Bolognese & Spaghetti
VEGETARIAN MAIN	Jacket Potato with Baked Beans
TO GO WITH	Green Beans & Carrots
DESSERT	Fresh Fruit or Jelly

FRIDAY

MAIN	Chicken & Sweetcorn Meatballs in Tomato Sauce with Pasta
HALAL MAIN	Halal Chicken & Sweetcorn Meatballs in Tomato Sauce with Pasta
VEGETARIAN MAIN	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Sweetcorn & Green Beans
DESSERT	Fresh Fruit or Jelly

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MENU - WEEK 3

MONDAY

VEGETARIAN MAIN Jacket Potato with Baked Beans

TO GO WITH Peas & Carrots

DESSERT Fresh Fruit or Jelly

TUESDAY

MAIN Beef Bolognese & Spaghetti

HALAL MAIN Halal Beef Bolognese & Spaghetti

VEGETARIAN MAIN Pasta with Tomato & Basil Sauce

TO GO WITH Sweetcorn & Green Beans

DESSERT Fresh Fruit or Jelly

WEDNESDAY

MAIN Grilled Chicken & Tex Mex Potato Wedges

HALAL MAIN Halal Grilled Chicken & Tex Mex Potato Wedges

VEGETARIAN MAIN Pasta with Tomato & Basil Sauce

TO GO WITH Sweetcorn & Peas

DESSERT Fresh Fruit or Jelly

WEEK 3:

2ND MAR, 23RD MAR, 13TH APR, 4TH MAY, 25TH MAY, 15TH JUN, 6TH JUL, 27TH JUL,
14TH SEPT, 5TH OCT, 26TH OCT, 16TH NOV, 7TH DEC

THURSDAY

MAIN Vegan Vegetable & Chickpea Ragu with Pasta

VEGETARIAN MAIN Jacket Potato with Baked Beans

TO GO WITH Broccoli & Carrots

DESSERT Fresh Fruit or Jelly

FRIDAY

MAIN Chicken & Beef Sausages with Mashed Potatoes & Gravy

HALAL MAIN Halal Chicken & Beef Sausages with Mashed Potatoes & Gravy

VEGETARIAN MAIN Vegan Sausages with Mashed Potatoes & Gravy

TO GO WITH Carrots & Peas

DESSERT Fresh Fruit or Jelly

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