

What's happening in the news this week?



Abby Bolter

Let's have a look at this week's poster!

2nd - 8th March 2026



Should school uniforms be the same for everyone?

Picture News

Abby Bolter



Let's look at this week's story

Brynteg School in Wales has said that from September, skirts will no longer be part of the school uniform. Instead, all children will wear trousers or shorts. The school says this will make the uniform more practical and fairer for everyone, but some parents and pupils have different opinions about the change. This announcement has added to discussions about school rules, fairness, and whether uniforms should be the same for all children.



Learn more about this week's story [here](#).
Watch this week's useful video [here](#).
This week's Virtual Picture News [here](#).



How does it make me feel?



sad

despondent
disconsolate
dismal
doleful
downhearted
forlorn
gloomy
melancholic
miserable
woeful
wretched

angry

aggrieved
annoyed
discontented
disgruntled
distressed
exasperated
frustrated
indignant
offended
outraged
resentful
vexed

happy

beaming
buoyant
cheery
contented
delighted
enraptured
gleeful
glowing
joyful

confused

addled
baffled
bemused
bewildered
disorientated
indistinct
muddled
mystified
perplexed
puzzled

excited

animated
elevated
enlivened
enthusiastic
exhilarated
exuberant
thrilled

worried

agitated
anxious
apprehensive
concerned
disquieted
distraught
distressed
disturbed
fretful
perturbed
troubled
uneasy

overwhelmed

engulfed
inundated
overburdened
overloaded
saturated
submerged
swamped

afraid

alarmed
apprehensive
daunted
fearful
frantic
horrified
petrified
terrified

guilty

ashamed
compunctious
contrite
culpable
penitent
responsible
rueful

jealous

bitter
covetous
desirous
envious
envying
resentful
wary

thankful

appreciative
grateful
gratified
indebted
obliged
relieved

shocked

astonished
astounded
disconcerted
distressed
dumbfounded
horrified
staggered
startled
stunned
surprised

disgusted

affronted
appalled
horrified
repelled
repulsed
revolted
sickened

inspired

activated
encouraged
exhilarated
galvanised
influenced
motivated

embarrassed

ashamed
awkward
chagrined
demeaned
discomposd
humiliated
self-conscious
uncomfortable
uneasy
unsettled

interested

absorbed
captivated
curious
engaged
enthralled
fascinated
gripped
intrigued
riveted

This week's story looks at events related to ...





Read through the information below, all about Brynteg School and the changes to its uniform policy.

Uniform changes



What changes are being made?

A secondary school in Wales, called Brynteg School, has decided that from the next school year, pupils will wear trousers or shorts instead of skirts as part of the school uniform.

How have people reacted?

Some parents and pupils support the change.
Others feel unsure or disappointed.

Pictured left: Two pupils at the school modelling school trousers.

Source: Brynteg School.

Why the changes are being made:



UNIFORM 2026

30/01/2026 Announcement:

As we look ahead to September 2026, we would like to confirm that we will be moving to trousers as the standard option **for all pupils**. This shift is rooted in practicality, equity, and the realities of family life. Trousers are more durable, more weather-proof, and far more cost-effective over the course of a school year. They offer greater flexibility for movement, whether pupils are in the classroom, on the yard, or taking part in practical activities.

Pictured above: The news announced in a recent letter to families.
Source: Brynteg School.

It has started wider discussions about:

- Choice
- Comfort
- Fairness
- School rules

Some families shared that uniform choices can be important because they help pupils feel comfortable and confident at school.



Do you feel the changes are positive? What impact do you think the change could have?



Look at the resource below, which shows the history of school uniforms.



Source: Christ's Hospital on Facebook.

1550s

One of the earliest known school uniforms in England was worn at Christ's Hospital in London – and it's still worn today! Children wear long blue coats and yellow stockings.

Then

Late 1800s

Many children wore jackets, long skirts or short trousers. Girls often wore white pinafores over their dresses.



Source: The Victorian School.

1900s

By the early 1900s, many schools had uniforms. Boys wore blazers and shorts; girls wore skirts or dresses. Some uniforms had ties or badges too.



Source: Boys' Historical School Uniform.

2026

Today, many primary school uniforms include colourful jumpers or cardigans, polo shirts, and skirts or trousers. Some schools also have a logo on their uniform.



Source: Canva.

Now

How do you feel when you wear your own school uniform?

Why do you think schools have uniforms?



Look at the resource below, which shows examples of school uniforms from different countries around the world.



Country: Malaysia

In many Malaysian primary schools, boys can wear white shirts with dark blue trousers. Girls may wear white blouses with dark blue skirts, and some may also wear a headscarf. Some schools use different colours or badges to show student roles (e.g., prefects or librarians).



Country: USA

School uniforms are not always required across the USA. Many schools allow casual clothes, but some schools use a simple uniform or have a dress code.



Country: India

In many schools, girls often wear a tunic dress with trousers and a scarf (called a dupatta) draped over their shoulders. Boys usually wear shirts with trousers. Some schools include ties, belts, or badges with the school logo.



Country: Japan

Many primary schools in Japan do not require uniforms. Where uniforms are worn, students may wear blazers with shirts, along with shorts or skirts. Many children can carry structured backpacks called *randoseru*.

Do you think having a school uniform is a good idea? Why might schools in different countries choose to have uniforms or dress codes?



Should school uniforms be the same for everyone?

Picture News

Abby Bolter

Reflection



As well as clothes, school uniforms can also be about identity, fairness, comfort, and belonging.



Media Literacy

I know that people have opinions and beliefs.



Explanation: Let's explore why people have different opinions and beliefs about the new uniform at Brynteg School.



Analyse



Evaluate



Research



Act

Questions to Discuss

- Why do people have different opinions and beliefs?
- Is it possible to change your opinion or belief about something? How?
- Why is it important to consider the opinions and beliefs of others?

Reflection

Every person has their own way of thinking and feeling about the world. We should respect the opinions and beliefs of others, even when they are different from our own.

Activity

Discuss the difference between an open and a closed question.
Which do you think is more helpful when trying to understand the opinions and beliefs of others?
Which type of questions do you think reporters use? Why?
Write three open questions to explore differing opinions and beliefs on the changes to the uniform at Brynteg School.



**British
Values**



Mutual Respect

Brynteg School aims to show respect by making things equal for everyone with a single uniform.

Protected Characteristics



The change in uniform at Brynteg School aims to treat everyone equally regardless of their sex.



Sex



Sexual Orientation



Age



Disability



Gender Reassignment



Marriage and Civil Partnership



Pregnancy and Maternity



Race



Religion or Belief



UN Rights of the Child



Every child has the same rights, no matter who they are. These rights belong to every child, regardless of who they are or where they live. No child should ever be treated unfairly.



Useful Vocabulary



Announcement

To share important information with others.

This **announcement** has added to discussions about school rules, fairness, and whether uniforms should be the same for all children.

Durable

Strong, long-lasting, and does not break or wear out easily when it is used.

Trousers are more **durable**...

Equity

Giving everyone exactly what they need to be successful, rather than giving everyone the same thing, so that the result is fair for everyone.

The shift is rooted in practicality, **equity** and the realities of family life.

Flexibility

To bend or stretch easily without breaking.

They offer greater **flexibility** for movement...

Practical

Something that is useful, easy to do, or serves a purpose in everyday life.

The school says this will make the uniform more **practical** and fairer for everyone...

Secondary school

A place of learning for students aged 11 to 16.

A **secondary school** in Wales...

Can you use them in your conversations this week?

Picture News



Should school uniforms be the same for everyone?

Brynteg School in Wales has said that from September, skirts will no longer be part of the school uniform. Instead, all children will wear trousers or shorts. The school says this will make the uniform more practical and fairer for everyone, but some parents and pupils have different opinions about the change. This announcement has added to discussions about school rules, fairness, and whether uniforms should be the same for all children.



- Look at this week's poster and make a prediction about the story's topic. It's all about a school in Wales which is changing its school uniform policy, so that all pupils will need to wear trousers or shorts, and skirts will no longer be allowed to be worn.
- What do you wear to school? If you have a school uniform, do you like wearing one? Make a list of some of the pros and cons of having a uniform. How does it make you feel? E.g., proud, comfortable, something else.
- Read through the information found on the **assembly resource**, all about Brynteg School and the changes to its uniform policy. Do you feel the changes are positive? What impact do you think the change could have?
- Watch this week's useful video, which shows a debate between two children about uniforms. Talk about your opinion, and share any thoughts you might add to the debate.
- If you could create your own uniform, what might it look like?
- Overall, do you believe it's better that everyone has the same uniform?

Reflection

As well as clothes, school uniforms can also be about identity, fairness, comfort, and belonging.

Picture News



KS1 focus

What is the history of school uniforms?



- Think about what you are wearing to school today. How does it feel? Is it easy to move in? Is it smart, colourful, plain, or something else?
- Have you ever seen some clothes that were worn a long time ago, maybe in pictures or on TV? What did they look like? How do you think it would feel to wear those clothes?
- Look at **resource 1**, which shows the history of school uniforms. Are the clothes similar to or different from what you wear now?
- Imagine wearing a uniform from a long time ago. What would you like about it? What might be tricky or uncomfortable? Which do you think would be easiest to play in? Which would be the hardest? Why?
- Why do you think schools have uniforms? Are there other people you know who wear uniforms (e.g., nurses, chefs, police officers)? Why do they wear them?
- Do you think wearing the same uniform as everyone else is fair?
- How does wearing a uniform make us feel about ourselves? Would wearing a uniform that is too big, itchy or tight affect your day?
- Imagine you are designing your own school uniform. What colours, shapes, or accessories would you choose? Why?

Reflection

It's interesting to see how much school uniforms have changed over several centuries. Uniforms can help children feel part of their school and ready for the day.

Picture News



KS2 focus

How do school uniforms differ around the world?



- If you could describe your school uniform in three words, what would they be? Why did you choose those words? Did your classmates choose the same or different words?
- Thinking about your own school uniform, what items are compulsory? Are there rules about shoes, hairstyles, jewellery or logos?
- Look at **resource 2**, which shows school uniforms from different countries around the world. What differences from your own school uniform do you notice?
- Imagine moving from your school to a school in another country shown on **resource 2**. Consider the type of clothing you'd need to wear there. What might feel familiar or different from what you wear to your school now?
- In some countries, uniforms can include traditional or religious clothing. Why might this be important to some people?
- Do you think wearing a uniform helps children feel part of a group and a sense of belonging? How? Can you think of any disadvantages to wearing uniform?
- Should children have more choice in what they wear to school? Or is it better for everyone to dress the same? Why?
- If you could change one thing about your current school uniform, what would it be? Why?

Reflection

School uniforms around the world may look different but they often have the same goal which is helping children be ready to learn at school.



KS2 follow-up ideas

Option 1

Imagine the following scenario:

The Headteacher has just announced a new uniform policy. From next Monday, everyone must wear the same polished formal shoes which can only be bought from the school office, costing £100. Trainers are banned, even at playtime!

In groups, discuss some of the pros and cons to the uniform change.

Write a persuasive letter to the Headteacher expressing your opinion on the uniform change. Think about how to make your writing impactful. You may wish to include formal language, a rhetorical question, emotive language, and organised and clear paragraphs.

Option 2

Some people think uniform encourages fairness and equality – so this activity explores making things fair! You have 12 counters. Distribute them evenly so Child A, Child B, and Child C have an equal number of counters. You have just discovered Child A already had 3 counters. How can you make this equal now?

Think about: Is giving everyone the same thing always fair? Can you think of some examples where people might need something different to make it fair? Why?

Talk about: Equality involves everyone getting the exact same thing, regardless of what they already have or what they need. Equity, however, is not about giving everyone the same thing. Instead, it can be about giving everyone what is fair for them.



KS1 follow-up ideas

Option 1

Discuss what you enjoy wearing. Why do you like these clothes? Do you enjoy wearing your school uniform? How do you feel when you wear your school uniform? Recap some pros and cons to school uniform.

Design a new uniform that passes these three tests:

1. Can you play and be active?
2. Will it keep you dry in the rain and cool in the sun?
3. Will you feel proud wearing it?

Think about: Is your uniform comfortable for everyone? Would your friends like wearing it as much as you do? Why?

Option 2

Set up a simple, fun obstacle course in the hall or playground. Allow everyone to complete the course to ensure they feel confident.

Then, introduce some hidden barriers. You could include:

- Giving instructions in a made-up language or via hand signals.
- Not using hands, using one leg etc.

Think about: How did it feel when the barrier was introduced? What would you have changed about the obstacle course so everyone could have enjoyed it?

Discuss that true equality isn't about everyone doing the same thing, instead it's about everyone having the same opportunities to take part and succeed.



This week's useful websites

This week's news story

<https://sundayguardianlive.com/world/why-several-uk-schools-are-removing-skirts-from-uniforms-introducing-gender-neutral-dress-codes-for-students-170187/amp/>

This week's useful video

Uniform debate

http://www.youtube.com/watch?v=J34H9wn2_ms

This week's Virtual Picture News

www.picture-news.co.uk/discuss

This week's vocabulary

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TAKEHOME

2nd - 8th
March



In the news this week

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Things to talk about at home ...

- Talk to someone older at home about your and their experiences of school uniform. Have they changed over time?
- Share your thoughts on the changes Brynteg School is making. Do you feel they are positive changes?
- If you could create your own uniform, what would it look like?

Should school uniforms be the same for everyone?



Please note any interesting thoughts or comments

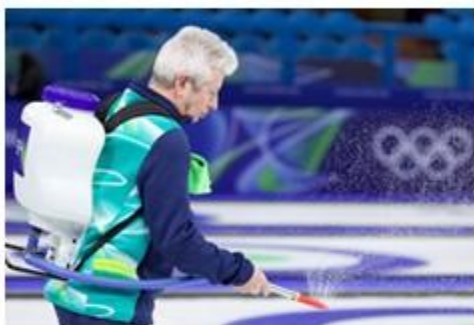
Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



Moonwalking On Ice!

At the 2026 Winter Olympics in Italy, one man became famous – without winning a medal! Mark Callan, a 61-year-old from Glasgow, in Scotland, is the Chief Ice Technician for the Winter Olympic Games. He was filmed sliding backwards across the rink in Cortina d'Ampezzo. People online said it looked like moonwalking – but he wasn't dancing! Mark was pebbling the ice, spraying tiny drops of water so the curling stones glide smoothly. Moving backwards helps him keep his balance on the slippery surface. Clips of his careful movements spread quickly online, and many people enjoyed watching his skill in action! Mark said, 'All I'm doing is my job. If it puts a smile on



Pictured: Mark pebbling the ice!
Source: Anil Mungal/TCG.

people's faces, then I'm fine with that.' It's a reminder that every big sporting event needs a great team, on and off the ice! The 2026 Winter Paralympics begin this week from 6th - 15th March in Milan, Cortina d'Ampezzo and nearby mountain areas. Athletes with disabilities from all over the world will compete in sports such as para skiing, para ice hockey, and wheelchair curling.

What have you done that made others smile?

Pikachu Sets a Record

A famous YouTuber and wrestler, called Logan Paul, has sold one of the world's rarest Pokémon cards.

The rare Pikachu card was made in 1998. Only about 40 are known to exist, and this one is in almost perfect condition. It sold for around £12 million (enough to buy 20 million loaves of bread!) and set a Guinness World Record for the most expensive trading card ever sold. Collectors say the card is important for another reason.

Many people collect and trade



Pictured: The rare Pikachu card!
Source: Trophy Case Cards.

Pokémon cards today, sharing them with friends and learning how to look after them. For fans, these cards are not just paper – they hold memories, stories, and friendships. Whether it is Pokémon cards, football stickers, or favourite books, collections can bring people together and remind us that small things can mean a lot!

What do you think – is value always about money?

Do gladiators make good role models?



Yes, they show us that you can be strong, powerful, respectful and kind at the same time.
Charlie

School Champions for Red Nose Day

Comic Relief has announced its first ever Red Nose Day school champions! Do you recognise them? They are teacher and social media sensation, Kit Brown, and children's TV star, Maddie Moate. The presenters have been tasked with creating content to support schools 'to turn silly moments into serious goodness' on Friday 20th March. Kit said, 'I'm a huge advocate for engaging the younger generation



by making learning fun and relatable. When you bring what pupils already love into the classroom, like their favourite pop songs, it instantly lifts the energy, and you see a big shift in the room.' Maddie added, 'Growing up, Red Nose Day felt like the biggest event at school, from finding out what the new Red Nose design would be, to having a whole day of non-uniform, silly fun. I can't wait to see all the seriously silly and creative things schools come up with this Red Nose Day!' **Is your school getting involved in Red Nose Day?**



Pictured: School Champions for Red Nose Day Kit Brown and Maddie Moate.
Source: Maddie Moate on Facebook.

Wool-come to the World!

Once hailed as the world's loneliest sheep, Fiona, the Scotch Mule-Charollais cross, has given birth to two healthy little lambs at a farm in Dumfries. The sheep lived on her own for years, stranded at the foot of cliffs on the Cromarty Firth, in the Scottish Highlands. Rescued and sheared by local farmers in 2023, she went to live at a farm park. Here, she was able to rest and recover until this year, when she became healthy enough to start her own family. Dalscone Farm, a visitor attraction, announced the news on social media, saying, 'The World's Loneliest Sheep is lonely no more! 🐑❤️ We are beyond thrilled to introduce Fiona's two newest arrivals, born just last night! Fiona has officially traded her title for "World's Best



Pictured: Fiona and her twin lambs.
Source: Dalscone Farm on Facebook.

Mum," and she is taking to her new role amazingly well. We couldn't be prouder of her and these two healthy little lambs. Welcome to the world, little ones! The farm is considering names for the lambs who will stay with Fiona; there is a boy and a girl. As their mum is named after the princess from the Shrek film series, the names of the ogre's children – named Fergus, Farkle, and Felicia – are in the running!

What do you think Fiona's lambs could be called?

Do you know any facts about sheep and lambs?

Do gladiators make good role models?



I don't think that just because someone is physically fit, it means they are good role models – mental and emotional strength are just as important.
Caitlin

Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



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