

# What's happening in the news this week?



Let's have a look at this week's poster!

18th - 24th May 2026



**Do we learn more  
from winning or  
losing?**





## Let's look at this week's story

Last weekend, football teams Manchester City and Chelsea competed in the Men's FA Cup Final at Wembley Stadium. The FA (Football Association) Cup is one of the oldest football competitions in the world, with teams from across England and Wales taking part each year. Millions of people watched the match, supporting their teams and hoping to see them win the famous trophy. For the players, reaching the final is a huge achievement after months of hard work.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Picture News [here](#).



# How does it make me feel?



## sad

despondent  
disconsolate  
dismal  
doleful  
downhearted  
forlorn  
gloomy  
melancholic  
miserable  
woeful  
wretched

## angry

aggrieved  
annoyed  
discontented  
disgruntled  
distressed  
exasperated  
frustrated  
indignant  
offended  
outraged  
resentful  
vexed

## happy

beaming  
buoyant  
cheery  
contented  
delighted  
enraptured  
gleeful  
glowing  
joyful

## confused

addled  
baffled  
bemused  
bewildered  
disorientated  
indistinct  
muddled  
mystified  
perplexed  
puzzled

## excited

animated  
elevated  
enlivened  
enthusiastic  
exhilarated  
exuberant  
thrilled

## worried

agitated  
anxious  
apprehensive  
concerned  
disquieted  
distraught  
distressed  
disturbed  
fretful  
perturbed  
troubled  
uneasy

## overwhelmed

engulfed  
inundated  
overburdened  
overloaded  
saturated  
submerged  
swamped

## afraid

alarmed  
apprehensive  
daunted  
fearful  
frantic  
horrified  
petrified  
terrified

## guilty

ashamed  
compunctious  
contrite  
culpable  
penitent  
responsible  
rueful

## jealous

bitter  
covetous  
desirous  
envious  
envying  
resentful  
wary

## thankful

appreciative  
grateful  
gratified  
indebted  
obliged  
relieved

## shocked

astonished  
astounded  
disconcerted  
distressed  
dumbfounded  
horrified  
staggered  
startled  
stunned  
surprised

## disgusted

affronted  
appalled  
horrified  
repelled  
repulsed  
revolted  
sickened

## inspired

activated  
encouraged  
exhilarated  
galvanised  
influenced  
motivated

## embarrassed

ashamed  
awkward  
chagrined  
demeaned  
discomposd  
humiliated  
self-conscious  
uncomfortable  
uneasy  
unsettled

## interested

absorbed  
captivated  
curious  
engaged  
enthralled  
fascinated  
gripped  
intrigued  
riveted

# This week's story looks at events related to ...





Read the information found below all about the FA Cup. Millions of people in the UK and around the world watch the final. Why do you think it is popular with so many?

## The FA Cup

It's a football competition where teams across England and Wales play against each other.

The FA Cup started in 1871 and is one of the oldest football competitions in the world.



Since 1970, there have been Women's FA Cups as well as Men's competitions.

Teams from different leagues can play against each other, so sometimes smaller teams beat bigger teams!



The final is played at Wembley Stadium in London.

## What happens during the FA Cup?

1. Teams play matches throughout the season.
2. Winners go through to the next round.
3. The final two teams play at Wembley Stadium.
4. The winning team lifts the FA Cup trophy!

## Think about...

How do you think the winning team felt?

How do you think the losing team felt?

What do you think it would feel like to play in a big match like this?

## The FA Cup Final

The FA Cup Final is the last football match in the tournament, where two teams compete to win the trophy.



**Pictured above:** Manchester City fans at the Semi-Final. **Source:** Michael Zemanek/Shutterstock



**Pictured above:** Trevoh Chalobah of Chelsea during the Semi-Final. **Source:** News Images/NurPhoto/Shutterstock



Look at the resource below, which shows some different examples of good sportsmanship in football.



### Helping someone up

A player helps another player after they fall.  
What does this show?



### Shaking hands

Players shake hands before or after a match. Why is this respectful?



### Comforting a teammate

Sometimes players feel upset after a match.  
What could others do to support them?



### Listening to the referee

Players listen carefully, even if they feel disappointed.  
Why do games need rules?



### Celebrating kindly

Players celebrate together without teasing the other team.  
How can we enjoy winning respectfully?



### Saying well done

A player congratulates someone from the other team.  
How might this make them feel?

**Which of these do you do already? Which could you get better at?**



Look at the resource below, which shows some memorable FA Cup moments.



### The first FA Cup Final, 1872

The FA Cup began in the 1871-72 season and the first final was played in 1872. Wanderers beat Royal Engineers 1-0.

### The 'Matthews Final', 1953

Blackpool came from behind to beat Bolton Wanderers 4-3. Stanley Matthews helped inspire the comeback, and the match became one of the most famous FA Cup finals.



### Crystal Palace triumph, 2025

Crystal Palace beat Manchester City 1-0 to win their first ever major trophy, with Eberechi Eze scoring and Dean Henderson saving a penalty.

What could we learn from each of these examples?

Consider things like resilience, perseverance, teamwork, belief, respect, determination.

### Wimbledon beat Liverpool, 1988

Wimbledon shocked many people by beating Liverpool 1-0. Goalkeeper Dave Beasant saved a penalty, helping his team win against the favourites.

### Wigan beat Manchester City, 2013

Wigan Athletic beat Manchester City 1-0 after Ben Watson scored a header in the final minutes of the game. It is remembered because the result was so unexpected.



### Did you know?

The FA Cup Final is played at Wembley Stadium in London. Wembley has 90,000 seats, making it the largest sports stadium in the UK.



**Do we learn more  
from winning or  
losing?**



# Reflection



Winning can feel exciting, but losing can also teach us valuable lessons about effort, resilience and improvement.



# Media Literacy

I can think about how my actions might affect others.



**Explanation:** Let's think about how our online actions can have both a positive and negative impact on others and the wider community.



Analyse



Evaluate



Research



Act

## Questions to Discuss

- Is it easier to be unkind from behind a screen? Why?
- If one unkind word can ruin a day, how much power do you have to make someone's day with one kind sentence?
- Why is stopping to think before you type or share the best way to ensure you're proud of your digital footprint?

## Activity

Look at the social media posts below and decide which is positive, which is negative and which is unreliable.

- I heard a rumour that the star striker is injured and won't play today... pass it on!
- Well played to the winning team! You guys were amazing today!
- I can't believe we missed that penalty. They should be sacked!

Choose one of the statements and in pairs discuss: Who could see these online posts? How would it make the person you are writing about feel?

What might happen to your reputation if you were to post it? Why?

# British Values



**I Really Do Matter!**



Individual Liberty



Rule of Law



Democracy



Mutual Respect and Tolerance

**Which British value do you think this week's story highlights?**



The story highlights **Mutual Respect and Tolerance** when players and fans value the hard work of everyone on the pitch, no matter who they support.

By following the same rules and listening to the referee, players in the FA Cup demonstrate **Rule of Law**, which helps make the competition honest, safe and fair.



**Do you agree with either person, or think something different?**

# Protected Characteristics



Which protected characteristic do you think this week's story highlights?



This story links to **Religion or Belief** because it reminds us that in football, everyone should be treated fairly and respected for who they are and what they believe.

Share your thoughts. Do you agree?





# UN Rights of the Child



Every child should have the freedom to show their support for a team by cheering, wearing their kit, and sharing their views on the game.



# Useful Vocabulary



## Achievement

When a person reaches a goal or masters a new skill through hard work, practise and determination.

For the players, reaching the final is a huge **achievement** after months of hard work.

## Final

The last match in a sports tournament, where the two best teams play against each other to decide who will be the overall winner and take home the trophy.

The **final** is played at Wembley Stadium in London.

## Leagues

Groups of sports teams that play a series of matches against each other over a season.

Teams from different **leagues** can play against each other, so sometimes smaller teams beat bigger teams!

## Support

To give help, encouragement or comfort to someone else to help them succeed or feel better.

Millions of people will watch the match, **support** their teams and hope to see them win the famous trophy.

## Trophy

A special prize, such as a cup or plaque, given to a person or a team to celebrate their success and mark their victory in a competition.

The winning team lifts the FA Cup **trophy**!

## Valuable

Something that is worth a lot of money or is very useful or important.

Winning can feel exciting, but losing can also teach us **valuable** lessons about effort, resilience and improvement.

**Can you use them in a conversation this week?**

## Picture News



### Do we learn more from winning or losing?

Last weekend, football teams Manchester City and Chelsea competed in the Men's FA Cup Final at Wembley Stadium. The FA (Football Association) Cup is one of the oldest football competitions in the world, with teams from across England and Wales taking part each year. Millions of people watched the match, supporting their teams and hoping to see them win the famous trophy. For the players, reaching the final is a huge achievement after months of hard work.



- Look at this week's image and share your thoughts on what the cup might be for. On Saturday, there was a big football competition, do you know which one?
- It was the FA Cup final! Did anyone watch it?
- Read the information found on the **assembly resource** all about the FA Cup. Millions of people in the UK and around the world watch the final. Why do you think it is popular with so many?
- Watch the useful video clip, which shows some fans' FA Cup final experiences. How much do you think the match meant to them? Why do you think it was so important?
- Can you think of a time when you won something you worked hard for? How did you feel? What about a time when you lost? What did you learn from both experiences? Which do you feel taught you more?
- Can you come up with different ways to support each other if you were to lose something as part of a team?
- Consider how your behaviour might be different when you win compared with when you lose. Why might it be different and how can you show respectful behaviour in each case?

#### Reflection

Winning can feel exciting, but losing can also teach us valuable lessons about effort, resilience and improvement.

## Picture News



### KS1 focus

#### What does good sportsmanship look like in football?



- Have you ever played a game or sport with others? What did you enjoy about it?
- How do you think people should behave when they are playing a game? Why?
- Sometimes people win and sometimes they lose. How should we act in both situations?
- What do you think it means to show good sportsmanship?
- Can you think of a time when someone showed this? What did they do?
- Look at **Resource 1**, which shows different examples of good sportsmanship in football. What can you see the players doing?
- Why is it important to help someone up, say well done, follow the rules, or thank the referee?
- How might a player feel if they lose an important match? What could their teammates or opponents do to support them?
- How might a player feel if they win? How can they celebrate without upsetting the other team?
- What other things can you do to help others enjoy a game or sport?
- How can good sportsmanship make a game better for everyone?

#### Reflection

Good sportsmanship means being kind, fair and respectful, whether we win, lose, play, watch or support others.

## Picture News



### KS2 focus

#### What are some examples of famous FA Cup moments we could all learn from?



- Think about a time you watched or played a match or competition. What made it memorable?
- Do you think people remember games more for winning, or for what happens during the game?
- Why do you think some sporting moments are remembered for a long time?
- What kind of actions or behaviours in sport do you think people admire?
- Can you think of a sporting moment, in football or another sport, that stood out to you? What happened?
- Look at **Resource 2**, which shares some famous FA Cup moments from the past. What do the moments have in common? Which moment do you think teaches the most powerful lesson? Why?
- Some FA Cup moments are remembered because an underdog team beat a much bigger club. Why do people often enjoy stories like this?
- What can losing teams teach us about resilience, respect and moving forward?
- Do you think pressure can bring out the best in people? Why?
- What qualities do you think make someone a good role model in sport?
- How can lessons from sport help us in school, friendships or everyday challenges?

#### Reflection

Famous sporting moments can teach us about resilience, teamwork, respect and believing in ourselves, even when success feels unlikely.

# Picture News



## KS2 follow-up ideas

### Option 1

In pairs, sort the following statements into facts and opinions.

1. The winner gets a trophy.
2. Losing is the worst thing ever.
3. You have to join in to have a chance of winning.
4. A game has a start and an end.
5. There is no point trying if you are not going to win.

Take two of the opinion statements and rewrite them to be positive and encouraging. E.g., instead of 'losing is the worst thing ever' you could write 'losing is a chance to learn how to do better next time'.

**Think about:** What is the difference between the fact and opinion statements? How did it feel to turn a negative opinion statement into a positive one? Why? What are some things you can do when you feel yourself thinking negatively? Why is this important?

### Option 2

Hold a class competition using a simple game, such as Rock-Paper-Scissors, or Snakes and Ladders. Explain that the trophy or prize will go to the person who shows the best sportsmanship throughout the competition.

**Think about:** What is sportsmanship? Why is showing good sportsmanship important?

As a class, design some criteria around how you are going to judge sportsmanship. E.g., gracious winning, encouragement, fair play etc.

Hold the competition. Then vote democratically for the person who showed the best sportsmanship, using the chosen criteria.

**Think about:** How did it feel to take part in a competition where everyone was trying to show good sportsmanship? Was it challenging to show good sportsmanship throughout the competition? Why?

# Picture News



## KS1 follow-up ideas

### Option 1

**Think about:** Have you ever felt disappointed? What did it feel like?

Explain that disappointment usually happens when there is a gap between what we hoped would happen and what actually happened.

Divide a piece of paper in two. On one side, draw or write one thing that made you feel disappointed recently. Then on the other side of the paper, draw or write down a way of turning that disappointment into something positive.

Explain that it is okay to feel disappointed at times. However, often we cannot change what happened, but we can change what we do next!

### Option 2

Discuss that when you play a game there are often winners and losers.

**Think about:** Do you prefer winning or losing? Why?

On the whiteboard, have two columns, one labelled 'Kind Winner' and the other 'Brave Loser'. Ask the class think about what a 'kind winner' or 'brave loser' might say to their opponent and write these on the board.

In pairs, play a simple game such as Noughts and Crosses. Then, try and model being a 'kind winner' and a 'brave loser', by using some of the phrases from the board.

**Think about:** How did it feel to say something kind to your opponent, even if you had just lost the game? Which was harder, being a kind winner or being a brave loser? Why do you think that is?

# Picture News



## This week's useful websites

### This week's news story

<http://www.thefa.com/news/2026/apr/22/emirates-fa-cup-final-2026-kick-off-confirmed>

### This week's useful video

[www.youtube.com/watch?v=O81Y060khxY](http://www.youtube.com/watch?v=O81Y060khxY)

### This week's Virtual Picture News

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

### This week's vocabulary

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# TAKEHOME

18th -  
24th May



Do we learn  
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winning or  
losing?



## In the news this week

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### Things to talk about at home ...

- Can you think of a time when you won something – what did you learn?
- What about a time you didn't win – what did that teach you?
- In your opinion, why do some people keep trying even after losing?
- Talk together about how you believe we should behave when you lose.

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



## A Smashing Potato Idea!

From crispy chips to fluffy mash, potatoes can be cooked in many ways! Have you got a favourite? But a farmer from Cambridgeshire, England, had a big problem recently when an order for his potatoes was suddenly cancelled. Luke Abblitt had packed 540 bags ready for a fish and chip shop, but they were no longer needed. The potatoes would not stay fresh for long, so Luke had to think quickly. Instead of letting them go to waste, he came up with a kind and spud-tacular idea! He chose to give them away to people who needed them. Soon, charities and food banks got in touch. The potatoes were shared with groups helping families in the local area, and lots of people were very grateful. Luke said, 'I



**Pictured:** Farmer Luke Abblitt and the potatoes he donated. **Source:** @Downonda in treefarm on Instagram.

was trying to turn it into something positive and get them to people that really are struggling.' All the potatoes were given away in just two days! Luke said it felt 'heart-warming' to help others. The special type of potatoes Luke grows are called Sagitta spuds, which are popular for making chips! **What do you think of Luke's idea? We think it's absolutely s'mashing!** 🍟

## Braille Medals for the Games

Have you ever won a medal? What was it for and what was it like? The medals for the 2026 Commonwealth Games in Glasgow, Scotland, will be a little different this year. For the first time, they will include braille – a system of raised dots that people can feel to



**Pictured:** Braille is a system of raised dots that helps blind or visually impaired people to read and write. **Source:** Canva.

read and write. The medals were designed by artist Militsa Milenkova. She wanted them to be for everyone, including people that use braille who are blind or have difficulty seeing. The medal also includes shapes inspired by the city of Glasgow. Militsa said, 'I'm so proud that the design is tactile and accessible'. The Games will include ten sports and six para sports, with around 3,000 athletes from 74 nations. It is one of the few competitions where athletes with and without disabilities compete together.

**Is it important to make things accessible for all? Why?**

### Why do some people become so important to the world?



People become important when they make a big difference to the world and inspire others to do good things too.  
**Robin**

## What Did Orion See?

NASA has shared more than 12,000 photographs from the Artemis II mission, giving people around the world a new view of the Moon, Earth and life inside a spacecraft.

The pictures were taken during last month's 10-day journey into space. Four astronauts travelled around the far side of the Moon in a spacecraft called Orion, before returning safely to Earth. The mission did not land on the Moon, but it helped NASA test important equipment for future



**Pictured:** A glimpse of the Moon with the Earth in the distance, from Orion. **Source:** @NASA on X.

journeys. NASA says they are hoping to make a moon landing in 2028, and hopefully every year after. Some of the new photos show the Moon's crater-covered surface. Others show Earth looking small, bright and blue against the darkness of space. During the mission, NASA astronaut Victor Glover said, 'Humans probably have not evolved to see what we're seeing. It is truly hard to describe. It is amazing'. They remind us that photographs can help us explore places most people may never visit. Dr Lori Glaze, from NASA, said the Artemis II astronauts are 'charting new frontiers for all humanity'.

**What can pictures teach us about our place in the universe?**



**Pictured:** Half-illuminated Earth, from Orion. **Source:** @NASA on X.

## Buzzing About Bees!

On 20<sup>th</sup> May, people around the world will celebrate World Bee Day. It is a special day to think about bees and other pollinators, and the important job they do. Bees help to pollinate many plants. This means they move pollen from flower to flower, helping plants grow fruit, seeds and more flowers. Without pollinators, many of the foods we enjoy would be harder to grow. World Bee Day began in 2018 after Slovenia suggested the idea to the United Nations. The date, 20<sup>th</sup> May, was chosen because it was the birthday of Anton Janša, an important early beekeeper from Slovenia. Janša admired bees and once wrote, 'Among all God's beings there are none so hard-working and useful to man ... as the bee'. The 2026 theme is 'Bee together for people and the planet'.



**Pictured:** A honeybee collecting pollen from a lavender plant. **Source:** Canva.

It reminds us that humans and bees have worked side by side for thousands of years, from collecting honey to caring for hives.

But many pollinators are under threat because of habitat loss, harmful chemicals, disease and climate change. The good news is that everyone can help. Planting bee-friendly flowers, avoiding pesticides, buying local honey and leaving wild spaces for insects can all make a difference.

***If bees could send humans a message on World Bee Day, what do you think they would say?***

### Why do some people become so important to the world?



Some people become important because they help lots of people and teach things we didn't know before.

**Daisy, 10**

Let us know what you think about this week's news



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